

WOJCIECH J. CYNARSKI

Faculty of Physical Education, University of Rzeszow (Poland)

**CSMA Congress in Viseu (Portugal),
16th–17th May, 2009 /
Kongres Sportów Walki i Sztuk Walki w Viseu (Portugalia),
16–17 maja 2009¹**

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Abstract: The author presents a brief account of Combat Sports and Martial Arts Conference in Viseu (Portugal). It is both a summary and a review of the interesting scientific event. The text presents the issues of martial arts research and is a factual contribution to a description and explication of the institutional development of martial arts on a global scale.



Photo 1. Author as a chairman of a session, CSMA Congress in Viseu 2009 /

Fot. 1. Autor jako przewodniczący sesji podczas Kongres w Viseu 2009

For the second time took place a specialist and scientific conference in Viseu where an attention was focused in a multidisciplinary perspective on areas of martial arts and combat sports (Martial Arts and Combat Sports – MA & CS). The Scientific Committee of the Conference was 23 experts of combat sports and martial arts

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from America, Asia and Europe: A. Figueiredo, A. Brito, J. Bragada, P. Coelho Araujo and A. Stoleroff from Portugal, M. Calmet, S. Julhe and E. Margnes from France, R. Escobar Molina, C. Gutierrez and F. Torres from Spain, W.J. Cynarski, R.M. Kalina and K. Obodyński from Poland, E. Franchini and C. Roque from Brazil, T. Green and O. Pinto Neto from USA, S. Raimondo and M. Turci from Italy, W. Pieter from Philippines, R. Harambourne from Peru and A.M. Lane from Great Britain. The main originator, an organizer and a coordinator of that event was for the second



Photo 2. Presentation of Dr. Figueiredo
Fot. 2. Prezentacja dra Figueiredo

time doctor Abel A. Figueiredo – a scientist, a theoretician and an advanced practitioner of combat sports and martial arts (6 dan karate).

The conference was patronised by 8 scientific magazines regarding the martial arts and the combat sports: “Archives of Budo” (Poland), Electric Journals of Martial Arts and Sciences, “Ido-Movement for Culture” (Poland), “IRKRS Journal” (Australia), JORRESCAM (France), “Journal of Asian Martial Arts” (USA), “Journal of Sport Sciences and Medicine - Combat Sports Special Issues” (Turkey) and “Revista de Artes Marciales Asiaticas” (Spain).

Programme

On Saturday on the 16th of May in the Main Auditorium of the Polytechnic Institute of Viseu

took place a solemn Opening Ceremony of the international, scientific conference called 2009 Scientific Congress on Martial Arts and Combat Sports. The opening was done by the mayor of the city and the president of the University. From 10 o'clock the plenary debates took place which were presided by: Willy Pieter (Philippines), Vitor Rosa, Abel Figueiredo and Luis Monteiro (Portugal), Carlos Garcia Gutierrez (Spain), Roman M. Kalina (Poland), Antonio Brito (Portugal), Wojciech J. Cynarski (Poland), Sergio Raimondo (Italy), Cristiano Roque (Brazil) and A. Figueiredo.

The first problem that the session concerned was: “Study object, systematics and research on MA&SC”, second: “Physical, technical and tactical dimensions on MA&SC”, third: “Pedagogy plus tactical and psychological dimension on MA&SC and self-defence”, fourth: “Socio-cultural and philosophical dimension on MA&SC”. Four



Photo 3. During a discussion – Mr. Antonio Cacho, the pioneer of Portuguese karate
Fot. 3. Podczas dyskusji – pan A. Cacho, pionier portugalskiego karate



Photo 4. Prof. Kalina and Cynarski inviting participants to the 2nd World Congress in Rzeszów / Foto. 4. Prof. Kalina i Cynarski zapraszający uczestników na II Światowy Kongres do Rzeszowa

times Professor Willy Pieter from University of Asia and the Pacific from Philippines introduced the results of his international and empirical researchers in the field of sport sciences. The papers were presented twice by: A. Figueiredo from Polytechnic Institute of Viseu, W. J. Cynarski from Rzeszow University and Fernando Torres Baenna from Spanish Karate Federation. 40 papers presented in total and 12 papers introduced in a poster session.

On Saturday evening the participants watched a video film about a beginning of karate in Portugal in the years 1960–1970 with the presence of Antonio Cacho – a pioneer of Portuguese karate. Nuno Russo and Luis Preto made a show of traditional, Portuguese stick fighting. Within the framework of the “Round Table” was presented an extra topic: “Martial Arts and Portugal”. The participants had a chance to find out about Portuguese and Okinawa contacts from the 16th century (A. Figueiredo), about a reactivation of Portuguese wrestling (J. Bragada) and about Portuguese sticks fencing – *jogo de pau* [photo 5] (L. Preto, N. Russo).

It is worth mentioning a few papers presented during the congress by: 1. A. Figueiredo who

presented his own, comprehensive conception of a scientific interpretation of martial arts and combat sports as combat human motricity, 2. Sergio Raimondo (University of Casino from Italy) who made an attempt to outline the substance of the general oriental psycho-physical disciplines, 3. John Clements and Brain Price from America who presented Renaissance and medieval European martial arts.

At the end of the event W.J. Cynarski and R. M. Kalina invited the participants to **the Second World Scientific Congress of Combat Sports and Martial Arts which will take place in Rzeszow** (Rzeszow University) between the 17th and the 19th of September 2010. Professor Marc Theeboom informed the participants of the congress that there is a possible inclusion of a Researchers meeting in 2010 during Sport Accord (GAISEF, ASOIF and AIOWF) Martial Art and Combat Sport Games in China (Beijing) from the 28th August to the 4th September.

Conclusion

150 participants from 15 countries took part in the Congress: from South America (Brazil, Peru), from North America (Canada, USA), from Asia (a



Photo 5. Jogo de pau – Portuguese sticks fencing / Foto. 5. Portugalska szermierka na kije



Photo 6. Summing up of the Plenary Session / Foto. 6. Podsumowanie sesji plenarnej

few papers of W. Pietera and a team of researchers from Philippines and Malaysia) and from Europe (Belgium, Czech Republic, France, Italy, Poland, Portugal, Serbia, Spain, UK). 12 paper sessions and 3 poster sessions took place. A total of 70 works was presented².

The Congress gathered the researchers of combat sports and martial arts from 4 continents: the scientists, the practice trainers and also the members of different federations and associations. The Scientific Committee took care of a high level of content presented. The Congress was organised on a high content-related and logistic level. We can say that the described scientific event was a joint success of all participants.

Acknowledgment

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Słowa kluczowe: sporty walki, sztuki walki, konferencja naukowa

Streszczenie:

Autor przedstawia komunikat o Kongresie Sportów Walki i Sztuk Walki w portugalskim Viseu. Jest to jednocześnie sprawozdanie i recenzja tej interesującej imprezy naukowej.

Tekst ukazuje problematykę badań w dziedzinie sztuk walki i stanowi faktograficzny przyczynek do opisu i eksplikacji rozwoju instytucjonalnego sztuk walki w skali globalnej.

² Abel A. Figueiredo [Ed.], *2009 Scientific Congress on Martial Arts and Combat Sports. Proceedings, 16th-17th May 2009*, Viseu-Portugal, ISBN: 978-989-96227-1-5. (pp. 128)