

## Chronicle 2012

### New IPA Members / Nowi członkowie SIP

Prof. Dr António Vences de Brito (Portugal) – sport science, 2 dan karate

Dr Rudolf Jakhel (Slovenia) – sport science, 9 dan karate

Dr Michal Vit (Czech Rep.) – sport science, 3 dan aikibudō and 2 dan kobudō

Dr Cezary Kuśnierz (PL) – sport science, 1 dan karate

Mgr Tommaso Giani (Italy) – Chinese studies, Wing Tsun kung-fu & escrima

Mgr Krzysztof Jankowiak (PL) – pedagogy, *sōke* bujutsu *takeuchi-ryū*

Mgr Grzegorz Kozdraś (PL) – pedagogy, instructor judo, 1 dan

Mgr Grzegorz W. Wróblewski (PL) – English philology and sociology, karate *kyūsha*

Katedra Filozofii i Teorii Bezpieczeństwa, Wyższa Szkoła Bezpieczeństwa Publicznego i Indywidualnego "Apeiron" in Kraków (PL); the head of the centre is Dr Juliusz Piwowarski, 8 dan (*all-style* karate).

The Centre in Wiśniowa (PL), which is separate from the Rzeszow Centre. The head of the Centre is *sensei* Paweł Szlachta (3 dan jūjutsu, 2 dan karate).

### New Science and Martial Arts Degrees / Awanse naukowe i w sztukach walki

Mgr Lesław Lassota (PL) – Ph.D. in the sciences of physical culture (AWF Poznań, Poland)

Mgr Mikel Perez-Gutierrez (S) – Ph.D. in sport sciences (Universitet de León, Spain)

*Hanshi* Yasoji Nakano (Japan) – 9 dan in kendō (probably the first 9 dan in the All-Japan Kendo Federation)

Dr Rudolf Jakhel (Slovenia) – 9 dan in karate (FEKDA, Italy)

Dr Waldemar Sikorski (PL) – 8 dan in judo (IPA)

Dr Wiesław Błach (PL) – 7 dan in judo (PZJudo, Poland)

Prof. UR Dr hab. Wojciech J. Cynarski (PL) – 7 dan in karate (Dan Federation of Zen-Do Karate Tai-Te-Tao and Budo, Germany); 2nd degree instructor WingTsun kung-fu, h.c. (EWTO, Germany)

Mgr Stanisław Cynarski (PL) – 5 dan in jūjutsu *yōshin-ryū* (IPA)

Heiko Hoffmann (D) – 4 dan in iaidō (IPA)

Harald Weitmann (D) – 4 dan in iaidō (IPA)

Thomas Wolfer (D) – 4 dan in iaidō (IPA)

Christian Brand (D) – 2 dan in iaidō (IPA)

Paweł Szlachta (PL) – 2 dan in *zendō* karate (IPA)

Prof. Dr Sergio Raimondo (Italy) – 1 dan in jūdō-dō / idō (IPA)

Dr Michal Vit (Czech Rep.) – 1 dan in jūdō-dō / idō (IPA)

Mgr Paweł W. Sitarz (PL) – 1 dan in aiki-jūjutsu *yoseikan yōshin-ryū*

Sebastian Skóra (PL) – 1 dan in jūjutsu *yōshin-ryū* (IPA)

### Obituaries / Odeszli

**Sōke Robert Clark** (Feb. 2, 1946 – Feb. 8, 2012), 9 dan jūjutsu. He started martial arts training when he was 6 years old (his master was Jack Britten). In 1976 he founded the WJFF (World Ju-Jitsu Federation) which later became WJJKO (World Ju-Jitsu Kobudo Organization). He was the international technical director of the WJFF and WJJKO.

**Neil Alden Armstrong** (Aug. 5, 1930 – Aug. 25, 2012), American astronaut, engineer, aviation officer, test pilot. A hero of the 20<sup>th</sup> century who successfully landed on the Moon (and was able to return from there).

### Awards / Nagrody i odznaczenia

*Prof. Dr hab. Marian Malikowski* – received an honorary medal from the *Polonia Mater Nostra Est* by Społeczna Fundacja Pamięci Narodu Polskiego (Warsaw, XI 2011).

*Prof. Dr hab. Andrzej Szyszko-Bohusz* received the knightly order of *Homo Creator Nobilis*. The order, awarded by the European Chapter of the Nobility Club (Kapituła Klubu Szlachty Europejskiej) in 2010, was presented on May 11, 2012 at the Collegium Maius of the Jagiellonian University.



**Photo 1.** Presentation of the Order of Saint Stanislaus to Professor M. Ponczek [courtesy of M. Ponczek].

**Prof. Dr hab. Mirosław Ponczek** – received the Order of Saint Stanislaus Third Class for *praeniando incitat* (Warsaw, 12 May 2012, photo 1). On behalf of the United National Chapter of the Order of Saint Stanislaus in Poland (Wielka Narodowa Kapituła Orderu Świętego Stanisława), the diploma was signed by the Grand Master **Prof. Dr hab. Marek Kwiatkowski** and the Grand Chancellor of the Chapter **Prof. Dr hab. Mirosław Nader**.

**Shihan Franz Strauss** (10 dan, from Austria) received the “Medal for Extraordinary Achievements in Martial Arts” from the European Jujutsu and Kobudo Committee (EJKC) and the title Professor-Expert. The medal and diploma were presented to Strauss by **Dr John Słopecki**, 10 Dan Hanshi, president of the EJKC. This event took place in February 2012 at Herr Strauss’s school in Vienna.

**Sensei Włodzimierz Kwieciński** (7 dan), President of the Polish Association of Traditional Karate, received the Order of the Rising Sun, Golden Rays with Rosette for promoting Japanese culture through martial arts. This event took place in Warsaw on 14 June 2012 and the Order was presented by the Japanese Ambassador **Mr. Makoto Yamanaka**.

**Prof. Wojciech J. Cynarski** (8 dan) on his jubilee of 35 years of training and 25 years of teaching martial arts received the Medal of the National Education Commission. The medal was presented at the inauguration of the academic year 2012/13 in the main auditorium of the University of Rzeszów.

### Conferences and other Events / Konferencje i inne wydarzenia

**Bangkok (Thailand)**, 7-10 Feb. 2012. The 3<sup>rd</sup> International Conference on Sports and Exercise

Science: *Toward the Global Future of Sports Science* was organized by the Faculty of Sports Science, Chulalongkorn University & ICSES. There were almost 400 participants from 20 countries and only 3 papers on martial arts: **W.H. Pan et al.** (from Taiwan): *Enhancement of jumping performance after tai chi chuan training on a vibration platform*; **W.J. Cynarski et al.**: *Martial arts anthropology for sport pedagogy and physical education*; **Y.E. Shashi Kumar** (India): *A study of physical fitness among taekwondo players and judokas in Hyderabad, India*.

Participants at the conference had an opportunity to watch a great show of *krabi krabong* performed by students of **GM Chuchchai Gomaratuta**, and a Thai-boxing tournament.

**Warsaw (Poland)**, 23-24 Feb. 2012. International Congress on Judo: *Science for Judo Practice* organized by the Polish Union of Judo and the Academy of Sport Trainers (Wyższa Szkoła Trenerów Sportu). The Congress brought together the elite of Polish judo and guests from Croatia, Germany and Japan. The Scientific Committee included: **W.J. Cynarski**, **E. Hübner-Woźniak**, **R.M. Kalina**, **J. Langfort**, **S. Sterkowicz** and **S. Tokarski**. **Dr Waldemar Sikorski** was the main organizer. **W.J. Cynarski** presented a paper “Idokan and IMACSSS for research and practice of judo” – on the activity and publications of the IPA and IMACSSS.

**Głogów (Poland)**, 24-25 March 2012. The International Modern Ju-Jitsu Federation was an organizer of an international seminar, where a National Scientific Symposium of Combat Sports and Martial Arts “Ju-Jitsu and Self-defence in Scientific Research” was held. This Symposium, under the auspices of the European Jujutsu & Kobudo Committee, was organized by **Dr Jan Słopecki** (10 dan). **Prof. W.J. Cynarski** was the president of the Scientific Committee. 7 papers

were presented [according the protocol set by Dr Slopecki]. During the practical part of this event there was the unique opportunity to be taught by Prof. EJKC Franz Strauss (10 dan *jūdō-dō*, 10 dan *jūjutsu*) from Austria.

**Kraków (Poland)**, 11 May 2012. The Institute of Philosophy at Jagiellonian University and the College of Public and Individual Security "Apeiron" (Wyższa Szkoła Bezpieczeństwa Publicznego i Indywidualnego) organized a national conference: *The martial arts pathway. Self-improvement and safety*. The Scientific Committee included: Prof. Marta Kudelska (president), W.J. Cynarski, J. Piwowarski, L. Sosnowski, S. Sterkowicz, S. Tokarski. In the four plenary sessions, conducted by Cynarski, Tokarski and Piwowarski, 13 papers were presented, complemented by interesting discussions. The speakers included among others: Professors A. Szyszko-Bohusz and R.M. Kalina [cf. Cynarski W.J. (2012), *The first scientific meeting of philosophers and practitioners of martial arts*, "Gazeta Uniwersytecka UR", no. 3, pp. 62-63].

**Iasi (Romania)**, 21 May – 3 June 2012, the International Scientific Conference: *Logos, Universality, Mentality, Education, Novelty*. On May 24, at the invitation of the organizers of this interesting multidisciplinary conference – organized by the scientific and educational association of LUMEN, W.J. Cynarski presented a poster: Cynarski W.J., Obodyński K., Zeng H.Z. (2012), *Martial Arts Anthropology for Sport and Physical Education Pedagogy*, introducing the issue of education through martial arts to the programme of this conference.

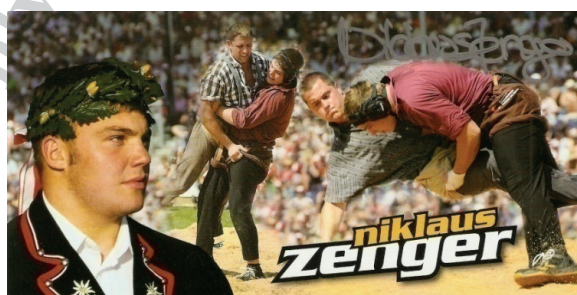
**Corfu (Greece)**, 31 May – 3 June 2012, *The 2<sup>nd</sup> Conference of Advances in Hospitality and Tourism Management*. A Greek team of researchers into tourism issues organized another major scientific conference. On its Scientific Committee, among many distinguished figures from various European countries, America and Asia, was also Professor of UR W.J. Cynarski (<http://www.ahtmmc2012.gr/committes.html>), who is an active participant in the IPA Tourism Commission. Despite his paper on castle tourism being accepted, his trip to Corfu and active participation in the conference had to be cancelled for other reasons.

**Genoa (Italy)**, 8-10 June 2012. *Game, Drama, Ritual in Martial Arts and Combat Sports*. The 1st IMACSSS International Conference. Prof. Dr Sergio Raimondo and Filippo Fossati (Unione Italiana Sportpertutti) were the organizers of this historic scientific event. A 20-person team the Scientific Committee was led

by W.J. Cynarski – President of the IMACSSS. There were about 60 active participants at the Conference. The book of abstracts was published by: Raimondo S., Gutierrez-Garcia C., Perez-Gutierrez M. [eds.] (2012), *Game, Drama, Ritual in Martial Arts and Combat Sports. Proceedings of the 1st IMACSSS International Conference, Genoa, Italy, 8-10 June*, pp. 154.

**Bern (Switzerland)**, 20-23 June 2012. *Sport in Globalised Societies. Changes and Challenges*. The 9<sup>th</sup> Conference of EASS. Among 160 participants only two presented papers on martial arts. There were oral presentations by T. Kitamura *et al.*: *Expected outcomes of Budo education: The gap between teachers and students*; and by W.J. Cynarski: *Institutionalization of jujutsu in Poland – The problem of degrees and teaching qualifications*. Abstracts were published by: T. Schlesinger, S. Günter, Y. Weigelt-Schlesinger, S. Nagel [eds.] (2012), *Sport in Globalised Societies. Changes and Challenges. The 9<sup>th</sup> Conference of EASS, Book of Abstracts*, Waxmann, Münster.

Participants at the conference were also able to take part in *Schwingen* workshops (Swiss folk wrestling) and practise with Matthias Glarner and Niklaus Zenger, champions in the sport (photos 2-3).



Photos 2 and 3. *Schwingen* during workshops in Bern [N. Zenger, W.J. Cynarski, M. Glarner]

**Chłapowo/Władysławowo (Poland)**, 29.07 – 4.08.2012. The 20<sup>th</sup> Summer Camp of the Idōkan Poland Association was held at the Polish Baltic coast (photo 4), under the direction of *kaiden shihan* W.J. Cynarski, 8 dan. Participants practised *karate*, *jūjutsu* and *kobudō* according to the Idōkan system.

Ten people passed their tests for higher degrees (*kyū* and *dan*). The next step of the IPA during 20<sup>th</sup> Anniversary will be the 3rd Symposium, with papers and workshops, in Rzeszów – in March 2013.

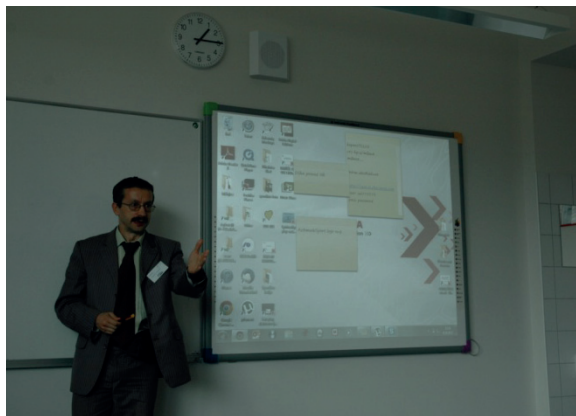


**Photo 4.** A group of *budōka* during the 20<sup>th</sup> IPA's Summer Camp [IPA]

**Tokyo (Japan), 6-7 Sep 2012.** *The perception of Budo – Global trends.* The Japanese Academy of Budo's 45<sup>th</sup> General Assembly Commemoration Symposium. The JAB's Jubilee conference was held at Tokyo University of Agriculture and Technology. The introductory paper entitled *Global perceptions of Budo* was delivered by Prof. Dr Fuminori Nakiri, Vice-President of the IMACSSS, President of the JAB. The next two papers were presented at the plenary session by the invited guest speakers: Prof. Dr Jung Haeng Kim (President of the Korean Martial Arts Alliance, Korea) and Prof. Dr Wojciech J. Cynarski (President of IMACSSS and IPA, Poland). Prof. Kim presented a paper *Korean Martial Arts Prospects* and a film about comprehensive training in hand-to-hand fighting, which is carried out at the University of Yongin. Prof. Cynarski in the paper on *Budo, martial arts and combat sports – Definitions, ideas, theories* described the current state of knowledge of, and conceptual language for the humanistic theory of martial arts.

More than 200 martial arts researchers took part in the Symposium.

**Koper (Slovenia), 5-7 Oct 2012.** The 4<sup>th</sup> World Conference of the International Society for the Social Sciences of Sport (ISSSS). Members of the IMACSSS participated in the conference including Prof. Jerzy Kosiewicz (president ISSSS), Dr Paulo Coelho de Araujo (instructor of *capoeira*), Dr Akbari Rahman from Iran (*shihan kyokushin karate* 5 dan), Prof. K. Obodyński and Prof. W.J. Cynarski (photo 5). In two sessions, one of which was led by Prof. Cynarski, issues concerning martial arts and combat sports were discussed.



**Photo 5.** Prof. Cynarski conducting sessions and conference proceedings in Koper – [courtesy of P. Łuka]

**Poznań (Poland), 23-24 Oct. 2012.** *The quality of life in cultural travel.* The 5<sup>th</sup> National Scientific Conference: *The humanistic perspective of Tourism.* Prof. Marek Kazimierczak's group from the Physical Education Academy in Poznan organized the fifth interesting conference. Another monograph was published by: Kazimierczak M. [ed.] (2012), *Jakość życia w kulturowych przestrzeniach podróżowania / Quality of life in cultural travel* [in Polish], Academy of Physical Education, Poznań, 414 pp. It contains 30 texts by authors from various Polish centres. The work was divided into 3 parts: 1. Cultural travel in the transformations of quality of life; 2. Cultural tourism versus the challenges of contemporary times; 3. Travel in the process of building cultural identity.

The question of how to study 'the quality of a tourist's life' and other humanistic aspects are explained by Cynarski with reference to the research of W. Munsters's team while describing the most important methods of qualitative research (*A cultural traveller in quality research of Wil Munsters's group*, pp. 139-147). [cf. Kraś J. (2012), *V Ogólnopolska Konferencja Naukowa "Turystyka w humanistycznej perspektywie"*, „Gazeta Uniwersytecka UR”, nr 5, p. 37].



**Photo 6.** During the conference in Poznan, Oct. 2012 [courtesy of E. Malchrowicz-Mosko].

**Warsaw (Poland)**, 26 Nov. 2012. A Scientific and Training Conference, organized within the framework of the campaign under the slogan: "Physical activity in the prevention and treatment of the diseases of civilization" – "Selected scientific and medical aspects of martial arts and combat sports training", combined with a Gala of Martial Arts and Combat Sports (fighting – training – renewal), was held in the Central Sport Centre (Centralny Ośrodku Sportu), in cooperation with Polish combat sports and martial arts organizations.

W.J. Cynarski, R.M. Kalina, W. Starosta, S. Sterkowicz (head) and S. Tokarski were invited onto the Scientific Programme Committee. The outstanding judo coaches including Dr W. Sikorski, M. Rzepkiewicz, and W. Borowiak, took part in the discussion as well as representatives from *jūjutsu* (Dr J. Slopecki), *taekwon-do* (Dr Z. Bujak) and other martial arts and combat sports.

Before the start of the first plenary session the leader of the IPA handed Waldemar Sikorski the 8<sup>th</sup> dan in judo, which was awarded to him by the Dan Committee of this Association.

**Heerlen (The Netherlands)**, 29 Nov. 2012. *Anthropology as a source of inspiration for tourism research*, Zuyd Conference was hosted by the Research Centre for Tourism and Culture, organized by Prof. Wil Munsters. The first keynote speaker was Prof. W.J. Cynarski with his lecture: *A systemic-anthropological approach to research in tourism*. The next plenary speaker – Prof. Noel Salazar from Leuven Univeristy (Belgium) – explained theoretical and methodological issues in his speech *Towards a critical anthropology of tourist imaginaries*. Following sessions were on cultural tourism, museums, connections with ethnography and anthropology. The first conclusion was given by W. Munsters in his paper: *The anthropologization of cultural tourism studies*. The second was formulated during the discussion between the invited speakers and all participants which was held in the final session.

During the closing ceremony, the host of the event – Prof. Munster was awarded the Medal commemorating the twentieth anniversary of the Idokan Poland Association.

**Kraków (Poland)**, 8-9 Dec. 2012. Sensei Andrea Ré (7 dan) from Italy taught *kenjutsu katori shintō-ryū* in the old Polish capital. The International Seminar of Katori Shintō-ryū, organised by M. Kuduk (3 dan) on the third anniversary of the death of GM Gorō Hatakeyama (9 dan), brought together around 30 *yūdansa* and *mudansa* from Italy and Poland including Stanisław and Wojciech Cynarski, Polish

pioneers of *aikibudō* and *kenjutsu katori shintō-ryū*. The quarter-century anniversary of practising these martial arts is being celebrated in Poland this year.

**Baghdad (Iraq)**, 16-18 Dec. 2012. The First International Scientific Conference for Sport Sciences with the slogan: "By investing scientific and technological expertise the future of sports blossoms". The organizer was the College of Physical Education at the University of Baghdad and the Minister of Higher Education and Scientific who gave his patronage. One of the invited speakers was W.J. Cynarski – the IMACSSS and IPA president.

### Publications / Publikacje

Jacobs Jessica (2010), *Sex, Tourism and the Postcolonial Encounter: Landscapes of Longing in Egypt*, Ashgate, Farnham, 136 pp.

The author presents her vision of a meeting of a "modern" western woman with the Bedouin in the Sinai. She does this from the perspective of social anthropology, social geography and gender, describing the sexual behaviour of female travellers. The analysis of tourists' statements indicates their hedonistic motivation and the fact that they have been brought up with or surrounded by extreme consumerism. The book came out in the series: *New Directions in Tourism Analysis*.

Obuchowski Kazimierz, Stasiak Makary K. [red.] (2010), *The spiritual dimension of existence / Duchowy wymiar istnienia*, the Academy of Humanities and Economics in Łódź, [in Polish], 381 pp.

A collective work released following an interesting conference was edited by Prof. Obuchowski and Dr Stasiak. It contains 21 papers and a report of the summary discussion. It is divided into 8 parts and arguments concerning spirituality are presented from very different philosophical and theoretical perspectives. This is a new outlook on science, humanities and pedagogy in particular.

Sikorski Waldemar (2010), *Science – for the practice of judo / Nauka praktyce judo*, PZ Judo, Warsaw [in Polish], 98 pp.

Dr Sikorski is a great figure in the history of Polish judo. He was a National team coach between 1967 and 1980. He is an expert and practitioner as well as a researcher. In his book, he quotes the results of own studies conducted e.g. at the Institute of Sport in Warsaw. He writes about the evolution of judo training methods and points to a number of practical applications of research. Professors R.M.

Kalina and S. Tokarski were the reviewers of this book.

Szymankiewicz Janusz, Gałkowski Tadeusz (2010), *Martial Arts – the victory over yourself. Psychophysical and cultural basis of a training system according to the experience of Central Asia and Eastern Europe countries / Sztuki walki – zwycięstwo nad sobą. Psychofizyczne i kulturowe podstawy systemowego szkolenia według doświadczeń krajów Azji Centralnej i Wschodniej*, Atla 2, Wrocław [in Polish, with an English abstract], 215 pp.

It is rather a popularizing book (no editorial reviewer's name was given). The authors are Dr J. Szymankiewicz, a *shifu* of the Ving Tsun kuen school and Professor T. Gałkowski, a psychologist. In this work, we find holistic, systemic and culture-based approaches, with reference to the Humanistic Theory of Martial Arts (HTMA) along with the praxeological theory of combat and combat sports of R.M. Kalina. Szymankiewicz describes, (on the basis of his experience of a number of Chinese and Japanese schools) the system of education in schools of traditional martial arts. The issue of the ethics of the warrior's pathway is reduced to the concept of bravery, and spiritual improvement on this pathway is omitted. In addition, it seems that HTMA was not fully understood or maybe misunderstood and the basic concepts of this theory were omitted.

Avelar-Rosa Bruno (2011), *Informe sobre el 2011 Scientific Congress on Martial Arts and Combat Sports*, "Revista de Arte Marciales Asiaticas", vol. 6, no. 2, pp. 85-104.

Mr Avelar-Rosa has written [in Spanish] a detailed report of this conference which was organized in Viseu from 13-15 May 2011. This event was important for the IMACSSS and martial arts science, and the publication is a complete review of its scientific contents.

Kuśnierz Cezary (2011), *Method of teaching basic self-defence techniques*, Technical University of Opole, Opole [in Polish], 90 pp.

Dr Kuśnierz represents sport sciences and he is an instructor of kyokushin karate. *Sensei* Eryk Murlowski helps him in demonstrating self-defense techniques. The book has a well-developed general methodology of teaching motor functions. A publishing review was done by UR Professor Wojciech J. Cynarski, and PO Professor Dr Zbigniew Borysiuk.

Kuźmicki Stanisław (2011), *Judo – the history and methodology of teaching. Selected aspects / Judo –*

*historia i metodyka nauczania. Wybrane aspekty*, AWF, Warsaw [in Polish], 149 pp.

Dr Kuźmicki has prepared a valuable script that can be recommended to students of physical education, and those interested in learning about the theory and methodology of judo. The first part of the book brings us closer to the history of judo and the beginnings of the sport in Poland. The second part covers some of the techniques of the "gentle way" and ways of teaching it.

Ogorevc Marjan (2011), *Alternative Medicine in Sport / Medycyna alternatywna w sporcie*, KOS, Katowice, Poland [in Polish], 240 pp.

The author – a former athlete and coach, is now a healer (bioenergotherapist) of professional athletes. He is successful, as the sport results of his clients show. In his book he describes different spiritual traditions and methods of treatment – from the Middle East (Kabbalah), through the Indian (karmic diagnostics), and to various Far Eastern techniques. This mix of methods and traditions raises serious concerns, as an example of extreme eclecticism.

Pachurka René (2011), *L'Enseignement à Takeda-ryu Metz*, ACM, Metz [in Franch], 146 pp.

An instructor from Metz, R. Pachurka (3 dan aiki-jujutsu), describes the teaching undertaken at the *takeda-ryu* school in his town. The author, a descendant of Polish immigrants, is a student of Dr Maroteaux. He participated with his teacher in the 2nd World Scientific Congress of Combat Sports and Martial Arts in Rzeszow, in September 2010 (Poland).

Piwowarski Juliusz (2011), *Safety and self-improvement as part of the sacred Warrior's Pathway / Bezpieczeństwo i samodoskonalenie jako elementy świętej Drogi Wojownika*, Scientific Issue "Apeiron", College of Public and Individual Security in Kraków, no. 6, pp. 231-245.

A new Scientific Issue of "Apeiron", from the College of Public and Individual Security in Kraków, no. 6, pp. 375, released with the editorial cooperation of M. Grzybowska and J. Piwowski (in Polish, with English abstracts), contains a total of 16 works. It is a result of a Polish-Slovak Symposium organized by this School on: "Identifying, preventing and counteracting dysfunction in administration and safety management". The text by Dr. Piwowski, which adds interesting reflections from the perspective of the Humanistic Theory of Martial Arts to the area of securitology, is worth recommending.

Puchnarewicz Elżbieta [ed.] (2011), *Cultural heritage around the world and its importance in tourism / Dziedzictwo kulturowe regionów świata i jego znaczenie w turystyce* [in Polish], Higher School of Tourism and Foreign Languages in Warsaw, Warsaw, 422 pp.

Prof. E. Puchnarewicz has edited this book which includes passages of interest for martial arts tourism. There are fragments by Beata Dec and Jan Krupa about chivalric tournaments in Blenheim Palace (p. 179), the part played by the terracotta army on the tourist travel route (D. Dudkiewicz, pp. 355-378) and two texts about Japanese cuisine (pp. 379-422). Introduced by W.J. Cynarski the notion of "tasting tourism" combines two areas of cultural tourism, such as tourism of martial arts and culinary tourism.

Sawicki Bogusław, Janicka Joanna [eds.] (2011), *Multidimensional aspects of tourism culture / Wielowymiarowe aspekty turystyki kulturowej*, UP, Lublin [in Polish], 214 pp.

*Multidimensional aspects of tourism culture* is the title of this collection published in Polish (with English summaries) by the Uniwersytet Przyrodniczy in Lublin. Included is an interesting text on research into military tourism: *The meaning of tradition of the Tęczyński family in the development of cultural tourism in Małopolskie voivodship, including the country areas* (pp. 14-30), written by Hanna Górska-Warsewicz and Agnieszka Warsewicz. The same team (from the Department of Tourism and Recreation, headed by Professor B. Sawicki) has also released a book: Janicka J. [ed.] (2011), *Cultural heritage and village tourism / Dziedzictwo kulturowe wsi a turystyka*, UP, Lublin, Poland [in Polish], 209 pp., which discusses rural cultural heritage and tourism as well.

"Studia Sportiva", 2011, vol. 5, no. 3, 416 pp.

This issue of the journal published in Brno (Czech Republic) by Masaryk University contains as many as 61 articles connected with the field of sport sciences, among them 3 papers by a team of combat sports doctors: Dr Zdenko Reguli, Dr Michael Vit, Jitka Chvátalová, Miriam Kalichová, and one paper by W.J. Cynarski – devoted to the problem of combat sports and martial arts.

Szmyd Jan (2011), *Reading the present. An anthropological, ethical and educational perspective / Odczytywanie współczesności. Perspektywa antropologiczna, etyczna i edukacyjna*, KTE - AFM, Krakow [in Polish], 358 pp.

Prof. Dr hab. J. Szmyd is an eminent philosopher. He represents the Pedagogical University in Kraków.

His book contains the results of his scientific penetrations, and reflections on contemporary times, presenting great erudition in the fields of humanities and social sciences. The book was published by the Kraków Educational Association – the Publishing House of Andrzej Frycz Modrzewski.

Wąsik Jacek (Dec. 2011), *The Kinematics and kinetics of the taekwon-do side kick*, "Journal of Human Kinetics", vol. 30, pp. 13-20.

Dr J. Wąsik is a physician, and the holder of 4<sup>th</sup> dan in ITF. Technical and kinematical aspects of martial arts still need detailed research. This is another interesting contribution to the problem of kinematic analysis of combat techniques.

Xiong Xiaozheng (2011), *Cracking the problem of the history of physical culture*, Beijing [in Chinese], pp. 554.

The next (probably) interesting book by Prof. Xiong Xiaozheng. Unfortunately, it was published only in Chinese. It contains e.g. some chapters on the history of wushu. We simply must learn Chinese.

Zieliński Paweł (2011), *Relaxation in the theory and practice of teaching / Relaksacja w teorii i praktyce pedagogicznej*, AJD, Częstochowa [in Polish], 404 pp.

Dr P. Zielinski has written a book in which we find a reference to the views and the results of numerous experts on the theory of pedagogy and psychology. Among the experts on relaxation studies and representatives of new pedagogical theories we can find contributors to our journal: Prof. W. Pasterniak and Prof. A. Szyszko-Bohusz. The book also includes a chapter on how to practise. The book contains a publishing review by Prof. Dr hab. A. Szyszko-Bohusz. Another reviewer was Dr hab. Prof. L. Kulmatycki from the Academy of Physical Education.

Collective work (2012), *1<sup>st</sup> Cavalry Regiment, series: Book of Polish cavalry 1918-1939 / 1 Pułk Szwoleżerów, series: Wielka księga kawalerii Polskiej 1918-1939*, Edipresse Polska S.A. [in Polish], 100 pp.

For centuries the cavalry symbolized a national romantic tradition in Poland. It reminded us of the Polish army's centuries of past glories. It was the heroic traditions of the knighthood of the Second Republic, which continued until World War II. This, the first volume, in a planned series of 40, of the Great Book of Polish cavalry has been published. The volume is illustrated with numerous photographs, drawings and maps, and descriptions of battles and weapons. The book refers to the battles in 1920 – the victorious war against Soviet Russia.

Cynarski Wojciech J. (2012), *The Martial Arts Phenomenon – Research and Multidisciplinary Interpretation*, University of Rzeszów Press, Rzeszów [in English], 242 pp.

This is the 15<sup>th</sup> volume from the Lykeion Library. This work is the outcome of the research by an international team assembled by the Committee of Scientific Research of the IPA. Prof. John Oździński was a reviewer. Prefaces were written by Prof. Dr Alexander Bobko, newly elected Rector of the University of Rzeszow (p. 7) and Dr. Roland J. Maroteaux, *hanshi* (pp. 9-10). Prof. Cynarski has written on martial arts, medicine, philosophy and sociology in co-operation with L. Sieber; on the general theory and results of the IPA research, with Dr Yu and on the lifestyle of people practising martial arts. 4 of the 10 Chapters are written by co-authors from the IPA (Committee of Scientific Research). They present contents from the perspective of history, ethics, sports, psychology, organization and management. The cover showing people practising *taiji quan*, karate and fencing was designed by Gregory Wolański with the agreement of the author.

Cynarski Wojciech J. (2012), *The Anthropology of the Way of the Warrior Studies and sketches of the sociology and philosophy of martial arts / Antropologia drogi wojownika. Studia i szkice z socjologii i filozofii sztuk walki*, University of Rzeszów Press, Rzeszow [in Polish], 284 pp.

*The Anthropology of the Way of the Warrior* is the next volume (16<sup>th</sup>) from the Lykeion Library, which was reviewed by Prof. Stanisław Tokarski and with a preface by Prof. K. Obodyński (pp. 9-10). The contents of the book is divided into three parts. The first and most comprehensive is dedicated to the sociology of martial arts. The second is devoted to the philosophy of the warrior's way, while the third is to the planned anthropology of martial arts. There are indexes of names and concepts at the end. On the cover General Takeda Shingen is pictured, over whom the flags of the IPA and IMACSSS, the scientific societies established up by the author of this monograph, are waving. This monograph is also a textbook of anthropology created by Professor Cynarski and is an extended version of his 'humanistic theory of martial arts' developed 8 years earlier.

Cynarski W.J., Kosiewicz J., Obodyński K. [eds.] (2012), *Physical culture and sports as a mirror of the social sciences / Kultura fizyczna i sport w zwierciadle nauk społecznych* [in Polish], University of Rzeszów Press, Rzeszów, 470 pp.

Under the auspices of the Polish Society of the Social Sciences of Sport this valuable book was published in the area of the humanities in sport which includes works by: R. Biały, *Gladiators in ancient Rome / Gladiatorzy w starożytnym Rzymie* (pp. 257-266); W.J. Cynarski, *Pragmatism and ethics of martial arts in view of the ido philosophy/ Pragmatyzm sztuk walki a etyka drogi wojownika w perspektywie filozofii ido* (pp. 46-77); J. Zieliński, B. Sakowska-Kamińska, *Differentiation of emotional tension in people practising martial arts MMA / Zróżnicowanie napięcia emocjonalnego osób trenujących sporty walki MMA* (pp. 154-177); D. Pawlik, A. Fryc, *The development of Maori rugby – selected issues / Rozwój rugby wśród Maorysów – wybrane zagadnienia* (pp. 178-199). N.B., according to Obodyński and Cynarski rugby is also a combat sport [cf. Obodyński K., Cynarski W.J. (2006), *Rugby as a combat sport*, "Ido Movement for Culture", vol. 6, pp. 92-99]. The same team of scientific editors prepared a similar (albeit slimmer) book in English: Cynarski W. J., Kosiewicz J., Obodyński K. [eds.] (2012), *Sport in the Context of Social Sciences*, University of Rzeszów Press, Rzeszów, 282 pp. The two monographs were published in the IPA's standard.

Guarendi Raymond N. (2012), *Discipline that lasts a lifetime: the best gift you can give your kids* [in Polish], Wydawnictwo Mateusza, Bydgoszcz, 304 pp.

Dr Ray Guarendi is a practising clinical psychologist. His work contains an interesting collection of cases from his practice. He advises parents how to raise children and encourages education through discipline. The cover of the Polish issue of his book (the original was published in 2003) features a girl wearing *keikogi* performing a bow. We know *budō* helps students learn discipline and self-discipline. It is good that Polish readers can now read this valuable book.

Hyski Marcin, Bednarzak Justyna (2012), *Hotel functions of historic castles / Funkcje hotelarskie zabytkowych obiektów zamkowych* [in Polish], Akademia Wychowania Fizycznego, Katowice, pp. 183.

The authors cover the issue of the use of castles from the perspective of the hotel industry. Their analysis is limited to the situation in the provinces of Lower Silesia and Podkarpackie. They cite legends surrounding the castles and present their contemporary tourist offers.

Król Paweł [ed.] (2012), *Studies and sketches of Polish and foreign theories and the history of physical culture / Studia i szkice w zakresie polskiej i zagranicznej*



teorii oraz historii kultury fizycznej, Uniwersytet Rzeszowski, Rzeszów, 660 pp.

This impressively-sized book is dedicated to Professor Mirosław Ponczek, on the anniversary of his 65<sup>th</sup> birthday. His biography and achievements are presented by W.J. Cynarski (pp. 13-28). The book contains among others, chapters on the history of *ido* ideas in the organization of Idokan (*ibid*, pp. 159-192), the history of *kenjutsu* in Poland (Cynarski and Szajna, pp. 193-226) and the work of M. Łuczak on sport fencing in Poland (585-614).

Maroteaux Roland J. (2012), *The Mobile Stability of the Body (Traditional Martial Arts and Combat Sports)*, autoedition, Avignon [in English], 114 pp.

Dr Maroteaux (9 dan, *aiki-jūjutsu hanshi*) has written an interesting book, drawing on his rich experience in traditional Japanese martial arts. The work was published with three prefaces written by Ron Michio Yamanaka 9 dan, Prof. K. Obodyński and W.J. Cynarski 8 dan. The book was placed in the IMACSSS' list of recommended literature [www.imacsss.com].

Martinelli Renzo [Director] (2012), *The Battle of Vienna*, a historical film with elements of fantasy: Alessandro Leone, Italy / Poland.

At a time of political correctness and fear of the truth comes the story of an Italian priest, Marco d'Aviano, the power of faith and the heroes of the battle for Christian civilization. The historical background constitutes the Battle of Vienna in 1683, one of the most important battles in the history of the world. The great European victory over the Ottoman Empire was made possible thanks to the military genius of the Polish king Jan III Sobieski and the attack of the Polish winged hussars. They managed to save Christian Europe against the aggression of the Islamic world.

Obodyński K., Król P., Bajorek W. [eds.] (2012), *Socio-cultural studies of physical culture / Społeczno-kulturowe studia z kultury fizycznej*, UR, Rzeszów, 830 pp. + advertising pages.

A yearbook was issued in Rzeszow on the occasion of the 65th birthday of *Dr hab.* Stanisław Zaborniak, UR professor. It is an impressively-sized book mostly containing historical works and those referring to a humanistic reflection on physical culture. There are, among others, three works on martial arts and combat sports: Cynarski W.J., *Sketches on the subject and methodology, and selected aspects of a sociological explanation of the phenomenon of martial arts/Szkice o przedmiocie, metodologii i wybranych aspektach socjologicznej eksplikacji fenomenu sztuk walki*

(pp. 242-254); M. Łuczak, *Relationships of known personalities: philosophers, doctors, theoreticians and practitioners of physical education with fencing (from antiquity to the renaissance)/Związki znanych osobistości: filozofów, lekarzy, teoretyków i praktyków wychowania fizycznego z szermierką (od starożytności do odrodzenia)* (342-356); Szajna G., *An outline of fencing literature in Poland to 1939/Zarys piśmiennictwa szermierczego w Polsce do 1939 roku* (445-454). It also includes 10 works devoted to tourism. The participants at the conference dedicated to S. Zaborniak, which was held on 24-25 May 2012 in Rzeszów and Targowiska, were given this book.

Sawicki Zbigniew (2012), *Fencing treaty on the art of Polish hussar sword fighting. Part 2, In defense of the Gospel, Signum Polonicum / Traktat szermierczy o sztuce walki polską szablą husarską. Part 2, W obronie Ewangelii, Signum Polonicum, Zawiercie*, 188 pp.

GM Z. Sawicki is the founder and leader of the Polish school of martial arts, the Signum Polonicum where the leading weapon is the Polish hussar's sabre. This new book is a continuation of the first part of the Treaty on fencing by the same author, which contained the foundations of the related topic and was issued in 2004. One drawback of the new work is the lack of references to the many scholarly works on the history and restoration of Polish martial arts, like those published in "Ido Movement for Culture". The great advantage though is the good quality of the illustrations and its function of popularising the Polish military tradition and the ethos of knighthood.

Socha Teresa, Szade Bartomiej [eds.] (2012), *Individual sports in theory and practice / Sporty indywidualne w teorii i praktyce*, "Zeszyty Metodyczno-Naukowe" AWF w Katowicach, no. 32, Katowice, 195 pp. ISSN 0867-7751

The next issue of "Zeszyty Metodyczno-Naukowe" from the Academy of Physical Education in Katowice. Among the 16 articles there are 3 devoted to issues of martial arts. They are: Cynarski W.J., Szajna G., *The history of fencing in Poland – Michał Starzewski School / Z dziejów szermierki w Polsce – Szkoła Michała Starzewskiego* (pp. 13-26); Tomczak M., Bręczewski G., Walczak M., *Selected psychological determinants of athletic performance in fencing in the senior age category / Wybrane psychologiczne uwarunkowania wyników sportowych w szermierce w kategorii wiekowej seniora* (27-40), Wąsik J., *The structure of a circular motion using the example of the kick of a taekwon-do ITF contestant / Struktura ruchu kopnięcia okrężnego na przykładzie zawodnika taekwon-do ITF* (173-183).

Stallone Sylvester, Wenk Richard (script), West Simon (director) (2012), *The Expendables 2*, action film, USA, 1,42 h.

Stallone gathered in one film warriors of action films such as: Jason Statham, Jet Li, Dolph Lundgren, Chuck Norris, Jean-Claude Van Damme and Randy Couture (an outstanding wrestler). The Fight scenes only show the utilitarian value of martial arts. The old stars are still in good shape and the film is full of humour and self-irony. By the laws of pop culture and the media industry we can expect the return of old dragons in the next sequel.

Szmyd Jan (2012), *Irrational thinking and behaviour: Traditional and contemporary dimensions. The psychology and philosophy of irrationalism / Myślenie i zachowanie nieracjonalne: Tradycyjne i współczesne wymiary. Z psychologii i filozofii irracjonalizmu*, WN "Śląsk", Katowice [in Polish], 260 pp.

Prof. J. Szmyd is one of the most outstanding contemporary Polish philosophers, primarily part of the Krakow circle. He wrote another interesting book, in which three sections address the issue of irrationality. The subjects under consideration here are, epistemology, the philosophy of religion and psychology, as well as a wide range of publications by many authors including K. Ajdukiewicz and J. Życiński. It is a pity that among the authors cited here there is no Ken Wilber and his book *The Marriage of Sense and Soul: Integrating Science and Religion* (New York, 1998).

Szysko-Bohusz Andrzej (2012), *Veril*, autoedition, Kraków [in Polish], 39 pp.

*Prof. Dr hab.* A. Szysko-Bohusz published at his own expense an essay in which he presents his own philosophical and pedagogical concepts, just as did M. Eliade e.g. in *Dr. Honigberger's secrets* (a warning against the dangers of yoga of the mind). Another author of *Veril*, does the opposite by pointing to his own ideas as a rescue for today's world. The book was illustrated by Alicja Szysko-Bohusz-Dobosz.

Yves Klein: *Judo e teatro / corpo e visioni*, ed. S. Maifredi, An album of the exposition in the Palazzo Ducale, Genoa 2012, ~ 160 pp. (no pagination).

This album from the exhibition of works by Yves Klein, a French judoka and artist, in the Ducal Palace in Genoa, was created in co-operation with Dr. Sergio Maifredi (also a judoka), and in consultation with the *sensei* Pino Tesini 7 dan. Here the martial art combines the visual arts and fighting techniques as an expression of body movement and aesthetic forms.

The album includes several artistic experiments by Y. Klein, not related to judo.

[Elżbieta Cynarska, IPA]

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